

WORKING TOGETHER FOR A
SAFE AND HEALTHY U

EH&S UPDATE: COVID-19 PLANNING RESPONSE

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STAY HEALTHY, HUSKIES

You can reduce the risk of spreading the coronavirus that causes COVID-19 by taking the same steps you'd take to avoid getting colds and the flu.



Wash hands often with soap and water for at least **20 seconds**. If water's not available, use **hand sanitizer** with 60-95% alcohol.



Avoid touching your eyes, nose or mouth with unwashed hands.



Cover your mouth and nose with your elbow or a tissue when you cough or sneeze — and immediately dispose of used tissues.



If you're sick, stay home and avoid close contact with others.



If you need to miss class, contact your instructors directly.

Many people who contract this coronavirus have relatively mild symptoms and fully recover. If you're concerned about your symptoms, **call your health-care provider first** before seeking medical care in person.

For more info: uw.edu/coronavirus



EH&S OPERATIONS

EH&S operations mostly remote and also on-site to support University critical operations including research, healthcare, worker health and safety, COVID-19 publichealth response.

Examples of on-site activities:

- Biological use reviews, approvals, and biosafety cabinet certifications
- Chemical waste collection
- Employee health center medical exams for COVID-19 research and animal care personnel
- Respirator fit testing

KEY POINTS FOR RESEARCH LABS FOR COVID-19 PREVENTION AND SAFETY

- Maintain as few people in the lab as possible to conduct work safely.
- Maintain social and physical distance (at least 6 feet).
- Conduct enhanced cleaning and disinfection of high touch surfaces daily.
- Follow good hygiene measures (not touching faces, wash hands frequently)
- Ensure personnel stay home if they are sick, have symptoms of illness, or have had contact with someone who has COVID-19.

COVID-19 PUBLIC HEALTH GUIDANCE REMINDERS

- **Stay home** if you are sick, even if symptoms are mild.
- If you have **symptoms related to COVID-19** infection contact your health provider:
 - Fever
 - Cough
 - Shortness of breath
 - Difficulty breathing
 - Respiratory symptoms
- **Report suspect and confirmed COVID-19** cases: Employee Health, 206-685-1026 or emphlth@uw.edu.

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STOP!

FEELING SICK?

Stay home!

*If you feel unwell or have the following symptoms, **please leave the building and contact your health-care provider.** Then follow up with your supervisor.*

DO NOT ENTER if you have:

-  FEVER
-  COUGH or RESPIRATORY SYMPTOMS such as sore throat or runny nose
-  SHORTNESS OF BREATH

If your health provider suspects or has confirmed that you have COVID-19, contact Environmental Health & Safety at 206-685-1026 or emphlth@uw.edu.

uw.edu/coronavirus



HOW THE UNIVERSITY RESPONDS TO COVID-19 CASES

- Obtain details about the person's symptoms, locations on campus, close contacts (personal information is kept private).
- Conduct a risk assessment to determine an action plan.
 - Provide guidance to ill person for self-isolation.
 - Notify the school department and/or work unit.
 - Notify people who had close contact. Ask them to stay home for 14 days.
 - Evaluate spaces for enhanced cleaning and disinfection.
- UW is in ongoing coordination with local health departments on COVID-19 response.
- **UW COVID-19 Daily Case Counts:**
<https://www.washington.edu/coronavirus/testing-results/>

EH&S COVID-19 RESOURCES AND UPDATES

GUIDANCE UPDATED REGULARLY

- EH&S COVID-19 Resources :
- <https://www.ehs.washington.edu/covid-19-health-and-safety-resources>
 - Guidance on Facemask Use for COVID-19
 - Lab business continuity guide
 - Enhanced cleaning and disinfection
 - COVID-19 prevention for researchers (Office of Research Partnership)
 - Guidance for conservation of personal protective equipment
- UW Novel Coronavirus Main Website: <https://www.washington.edu/coronavirus/>
 - What to do if you are sick; what to do if you have COVID-19; What to do if you are in close contact with someone with COVID-19; How the University follows up when there is a case.

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QUESTIONS

General Questions

Contact EH&S at 206-543-7262, ehsdept@uw.edu